



Additional Services at the Operators' Health Center

- **Operators' Health Center Locations:**
 - Countryside, IL (708) 485-2273
 - Merrillville, IN (219) 525-1150
 - Visit **operatorshealthcenter.com** for more information regarding each location

- **DOT Physicals are now offered for FREE at the OHC.**
 - *Please be sure to call and make your appointment;* “walk-in” appointments may not be accommodated.
 - **You must bring your initiation dues receipt.**
 - **Inform the OHC staff that you are a new Apprentice at the training site.**
 - These physicals take longer than routine physicals.
 - Upon making your appointment, the OHC staff will instruct you on the information that you will be required to bring to the appointment.
 - If you are unable to keep your scheduled appointment, please call and cancel instead of being a “no-show”. This will allow other members to use the time slot.

- Once you meet the eligibility rules, you and your eligible dependents (ages 2 and up) can use either OHC facility. Services covered under the Bronze PPO Plan and performed at the OHC are FREE. This included annual school and sports physicals, lab services, acute/urgent care (please refer to the brochures for each facility). There is no deductible, no coinsurance, no copayment when you use either OHC facility.

- **REMINDER:** Once you have visited the OHC, you can register on the OHC patient portal website.
 - Visit **www.mypremisehealth.com** to register on the patient portal.
 - Through the patient portal, you can:
 - Schedule appointments
 - Send secure messages to your provider
 - Review lab results
 - Complete electronic check-in ahead of your appointment to update your records, when necessary