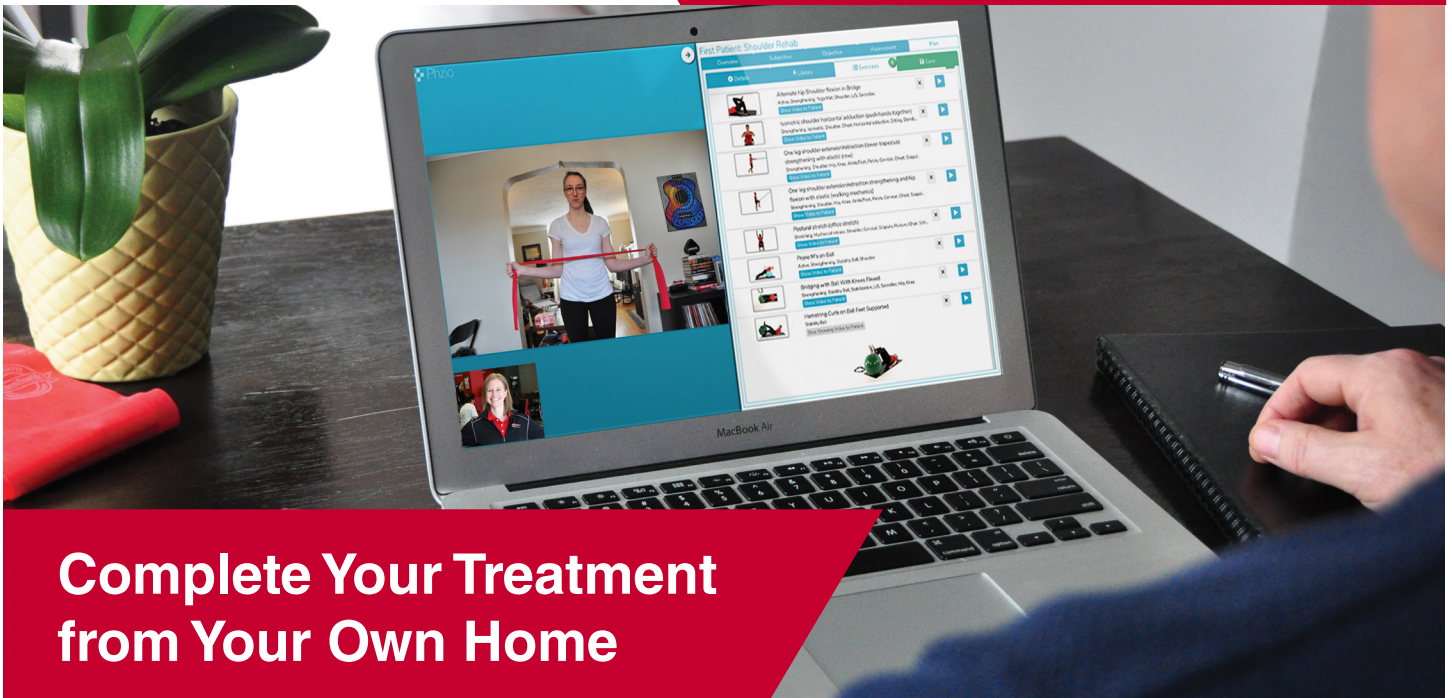




# Online Physical Therapy Now Available!



## Complete Your Treatment from Your Own Home

ATI has partnered with Phzio to provide 1:1 video sessions with a physical or occupational therapist.

▶ **Telehealth physical therapy is an effective, highly accessible way to continue treatment during the COVID-19 pandemic, or anytime you can't visit a clinic.**

- No app to download
- Use your mobile phone, tablet or computer + reliable Internet
- Treatment provided by licensed physical & occupational therapists
- Home-based treatment via secure video ensures uninterrupted program compliance

▶ **Does insurance cover online physical therapy?**

Online physical therapy insurance coverage is expanding. We will work with you and your insurance provider to help make this service available.

**The Welfare Fund Board of Trustees is allowing telehealth or virtual provider visits for FREE until further notice.**

Updated 3.24.20

### ▶ Instructions

1. Ask your therapist if online physical therapy is right for you
2. We will send email and/or text confirmation of your first video session
3. Select "enter now" and answer a few questions
4. Your therapist will admit you to the virtual treatment room

Powered by  Phzio

# Online Physical Therapy FAQs

For Illinois Locations Only



**Q: How can I schedule an online video session?**

**A:** Talk with your Therapist and we will take care of the rest.

**Q: What equipment do I need?**

**A:** You will need the following:

- Desktop or laptop computer, tablet or mobile phone with a working camera and microphone
- Reliable Internet connection
- Comfortable clothing and space that will allow for movement
- Any exercise equipment prescribed by your therapist

**Q: How long is an online video session appointment?**

**A:** Sessions typically last 30 minutes.

**Q: Do I need to download an app?**

**A:** No, it is a virtual platform with NO app required.

**Q: Who do I contact with technical issues?**

**A:** Visit the helpful hints section at [ATipt.com/onlinephysicaltherapy](https://www.atipt.com/onlinephysicaltherapy) or contact your therapist.

**Q: What if I want to see my therapist in-person?**

**A:** Nearly all of our clinics remain open and available for patients, and we are following all Centers for Disease Control recommended guidelines.

**Q: What is a telehealth physical therapy session?**

**A:** An online physical therapy session enables you to have the same interaction with a therapist remotely that you would in the clinic. You still get 1:1 contact with a therapist and guidance and feedback for your individualized therapy treatment.

**Q: Is online physical therapy secure?**

**A:** Yes, we are HIPAA compliant.

**Q: Will my insurance plan cover my online video session?**

**A:** Insurance coverage for physical, occupational and speech therapy services provided through telehealth is rapidly changing. We will work with you to review your insurance coverage and give you all of the information you need to make the best decision for your care.

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